

Practice Nurse Diabetes Education Workshop Series 2019

South Western Sydney Local Health District (SWSLHD) in partnership with Diabetes Obesity and Metabolism Translational Research Unit (DOMTRU) are pleased to offer a series of **FREE** Practice Nurse Diabetes Education Workshops. Workshop programs are tailored by SWSLHD's expert team of Endocrinologists, Diabetes Educators, Dietitians, SWS General Practitioners and Health Professionals.

AIM: to up skill the practice nurse understanding of the diabetes management plan and provide hands-on training for blood glucose monitoring and injection techniques.

It is recommended that you attend all 3 sessions for a complete understanding of the diabetes management plan.

Limited availability, to book please email SWSLHD-CampbelltownDOMTRU@health.nsw.gov.au or call 4634 3192 or 4634 4988.

Please show courtesy and respect in advising if you are unable to attend so others can participate.

Location:

Liverpool Catholic Club
424-458 Hoxton Park Road, Prestons
6pm for 6:30-8:30 pm.

Session 1: Overview of Diabetes and its management Thursday 9th May 2019

Agenda:

Topic	Speaker	Title	Timing
Welcome address	Ms Karen Huckel	SWS PHN	5 min
AusCDEP	Ms Therese Fletcher	Diabetes Educator DOMTRU	10 min
Epidemiology/Pathophysiology	Dr Hamish Russell	Endocrinologist Liverpool Hospital	20 min
Treatment Targets	Dr Mani Manoharan	Endocrinologist Liverpool Hospital	15 min
Macro and microvascular	Dr Hamish Russell	Endocrinologist Liverpool Hospital	20 min
Non-Insulin therapies (oral and other injectable)	Dr Mani Manoharan	Endocrinologist Liverpool Hospital	40 min
Panel Discussion and Questions			10 min

Session 2: Hands on Insulin Injection and Self Glucose Monitoring Workshop

Thursday 6th June 2019

Agenda:

Topic	Speaker	Title	Timing
Welcome address	Dr Chee Khoo	General Practitioner	5 min
HANDS ON WORKSHOP Insulin Profiles/ NDSS	Dr Chee Khoo	General Practitioner	20 min
FACILITATOR Table 1 Glucometers	Ms Cecilia Astorga	Diabetes Educator Liverpool Hospital	15 min
Table 2 Short acting insulin	Ms Mamta Subedi	Diabetes Educator Liverpool Hospital	15 min
Table 3 Long acting insulin	DE TBC	Diabetes Educator	15 min
Table 4 Premixed insulin	DE TBC	Diabetes Educator	15 min
Table 5 GLP agonist	DE TBC	Diabetes Educator	15 min
Hypoglycaemia management	Ms Cecilia Astorga	Diabetes Educator	20 min
Questions			5 min

Session 3: Multidisciplinary approach in Diabetes

Thursday 27th June 2019

Agenda:

Topic	Speaker	Title	Timing
Welcome address	Ms Karen Huckel	SWS PHN	5 min
Diabetes and Driving	Dr Hamish Russell	Endocrinologist	15 min
Sick Day management/ Trouble Shooting/Diabetes & Travel/NDSS	Ms Cecilia Astorga	Diabetes Educator Liverpool Hospital	15 min
Health Pathways/ EPC and Cycle of care	Dr Chee Koo	General Practitioner	20 min
Diabetes and Nutrition therapy: Role of practice nurses	Ms Claire Harper	Dietician Liverpool Hospital	20 min
Role of exercise in Diabetes Management	Mr Roy Williams	Exercise Physiologist Prairiewood Leisure Centre	10 min
Diabetic Foot Disease: Overview from Podiatrist	Ms Erika Koo	Podiatrist, Liverpool and Fairfield Hospital	15 min
Panel Discussion and Questions			5 min

Limited availability.

RSVP: SWSLHD-CampbelltownDOMTRU@health.nsw.gov.au or call 4634 3192 or 4634 4988.

Certificate of Attendance will be issued when you attend each workshop and will attract self recorded CPD points.

Look forward to exciting educational evenings with hands on experience.