ADHD Parent Questionnaire (Printable Version)

This questionnaire is designed to help parents observe and report behaviours commonly associated with Attention-Deficit/Hyperactivity Disorder (ADHD) in children. It is based on widely used clinical screening tools and is intended for informational purposes only. It does not provide a diagnosis.

Please rate your child’s behaviour over the past 6 months.

Rating Scale

0 = Never
1 = Occasionally
2 = Often
3 = Very Often

Section 1: Inattention

1. Fails to give close attention to details or makes careless mistakes.
2. Has difficulty sustaining attention in tasks or play activities.
3. Does not seem to listen when spoken to directly.
4. Does not follow through on instructions and fails to finish tasks.
5. Has difficulty organizing tasks and activities.
6. Avoids or dislikes tasks requiring sustained mental effort.
7. Loses items necessary for tasks or activities.
8. Is easily distracted by external stimuli.

9. Is forgetful in daily activities.

Section 2: Hyperactivity and Impulsivity

10. Fidgets with hands or feet or squirms in seat.
11. Leaves seat when remaining seated is expected.
12. Runs about or climbs excessively in inappropriate situations.
13. Has difficulty playing or engaging in activities quietly.
14. Appears "on the go" or acts as if driven by a motor.
15. Talks excessively.
16. Blurts out answers before questions have been completed.
17. Has difficulty waiting for their turn.
18. Interrupts or intrudes on others.

Section 3: Emotional and Behavioural Indicators

19. Loses temper.
20. Argues with adults.
21. Actively defies or refuses to comply with rules.
22. Deliberately annoys people.
23. Blames others for mistakes or misbehaviour.
24. Is touchy or easily annoyed.
25. Is angry or resentful.
26. Is spiteful or vindictive.
27. Appears anxious or worried.
28. Is afraid of making mistakes.

29. Expresses feelings of worthlessness.

30. Says they feel unloved.

31. Appears sad or depressed.

Section 4: Performance Ratings

Rate each area using the scale below: 1 = Excellent
2 = Above Average
3 = Average
4 = Somewhat Problematic
5 = Problematic

32. Overall school performance.

33. Reading skills.

34. Writing skills.

35. Math skills.

36. Relationship with parents.

37. Relationship with siblings.

38. Relationship with peers.

39. Participation in organized activities.

Notes

Use the space below to provide any additional observations or context.

Summary (Optional)

You may use this section to summarize key concerns or patterns you have noticed.

This questionnaire is intended to support conversations with healthcare professionals. For a full evaluation, please consult a qualified clinician.

Based on the public-domain NICHQ Vanderbilt Assessment Scale